

Esra'a Ahmad Mohammed  
Al-Nusour

## CONTACT

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## REFERENCES

### **Dr. Jehad A. Rababah**

, Associate Professor  
00962798119119  
jarababah@just.edu.jo

### **Pro. Mwafaq Moh'd Danda**

, Professor  
0096277487979  
Mwafaq70@bau.edu.jo

## PROFILE

### **In a Nutshell**

A paramedical science lecturer with experience in teaching bachelor's degree paramedic students, and an EMT-paramedic with experience in basic and advanced life support techniques and procedures.

### **My Objective**

To build careers in a growing organization, where I can get the opportunities to prove my abilities by accepting challenges, fulfilling the organizational goals and climb the career ladder through continuous learn and commitment. And proving my experience at the organization and demonstrate my skills.

## EDUCATION

### ● 2016 - 2018

#### **M.S. Critical Care for Adults**

Jordan University of Science & Technology, Irbid  
3.73/4.2 (Excellent)

**Thesis:** The effectiveness of an educational program to improve health care providers' knowledge of acute stroke care in the emergency.

### ● 2011 - 2014

#### **BA Specialty in Paramedics**

Prince Al Hussein bin Abdullah II Academy of Civil Protection (PHA)/Al-Balqa Applied University  
4.0/4.0 (Excellence)

### ● 2009 - 2011

#### **Associate degree in Paramedics**

Civil Defense College, Al-Balqa Applied University  
90.9% (Excellence)

## SKILLS

### **Languages**

Writing ●●●●●

Reading ●●●●●

**English** ●●●●●

Conversation ●●●●●

Writing ●●●●●

Reading ●●●●●

### **Computer Skills**

Windows ●●●●●

MS Office ●●●●●

## COMPETENCES

### **Managerial Skills**

- Working in a team and capability of leading it.
- Capable of making a developing plans and problem solving plans.
- ✓ • Excellent in dealing with problems and stressful situations.
- An effective time manager.
- An excellent communicator and an active listener.

- **Effective social skills gained from experience, dealing with the public.**
- **High standard of personal hygiene; clean, tidy and professional appearance.**
- **Knowledge of using advanced medical equipment for medical treatment.**
- **Physically fit, able to carry out manual handling including the lifting of patients and equipment.**
- ✓ • **Excellent verbal and written communication skills.**
- **Ability to establish and nurture beneficial business relationships.**
- **Self-motivated with a willingness to take initiative and solve complex problems.**
- **Capability to negotiate with and influence others.**
- **Analytically and mathematically minded to analyze data and create necessary reports.**
- **Ability to thrive in a fast-paced and sometimes high-pressure environment.**

## COURSES

|                |  |
|----------------|--|
| April/2010     | Playground Injuries Course                                       |
| October/2010   | Training Course in Emergence Department at Prince Hamza Hospital |
| March/2016     | Cardiopulmonary Resuscitation Course                             |
| November/2014  | Midwifery Course   |
| December/2014  | Statistical Package for the Social Sciences (SPSS ) Course       |
| January/2017   | Manage References Using ENDNOTE Software Workshop                |
| August /2018   | Sports Injuries Course   |
| February/2019  | Total Quality Management and IOS 9001 2015                       |
| March/2019     | Community Responsibility Course                                  |
| April/2019     | Standard Comparative Course                                      |
| September/2019 | Entrepreneurship and creative thinking /iradaprogramm            |
| November/2019  | International Trauma Life Support                                |
| May/2020       | Children and Clinical Research                                   |
| May/2020       | Good Clinical Practice   |
| July/2020      | Basic Life Support (BLS)   |
| November/2021  | International Humanitarian Law                                   |
| 2023           | ASHI/BLS   |
| 2023           | BLS Instructor   |

# EXPERIENCE

- **2022 - Present** **Jordanian Nursing Council**  
Member of the Commission
- **2018 - Present** **Faculty Member/ Prince Al Hussein bin Abdullah II Academy of Civil Protection (PHA)/Al-Balqa Applied University**
  - Developing courses and programs for the department's academic plans and reviewing them periodically.
  - Supervising the preparation of the study program for the subjects to be presented within the students 'study plan.
  - Participate in the meetings of the college council assigned to it.
  - A paramedical science lecturer in PHA, teaching the following courses: Internship (1), Medical studies for paramedics (lab), Pediatric and neonatal studies for paramedics (lab), Scientific research and statistical methods, Pathology, Retrieval Medicine, Medical Terminology, Physical Examination and Health Assessment, Paramedic Communication Skills, Physiology, and Physical and Mental Well-being for Paramedics, Clinical practice of Medical emergencies (Hospital), Clinical practice of Paediatric and neonatal emergencies (Hospital), Advanced paramedical skills (Lab).
  - Giving awareness lecturers about first aid for community.
- **October 2014 - August 2018** **Prince Hussein Academy of Civil Protection/Al-Balqa Applied University**  
**Liaison Officer, October 2014 -August 2018**
  - Monitor, coordinate, and communicate strategic objectives of the PHA intersects.
  - Collaborate and communicate successfully with other entities outside.
  - Work with other staff to develop a greater understanding of the PHA and any issues that arise.
  - Develop and foster relationships with the community, stakeholders, and other entities.
  - Collect, analyze, and utilize data and feedback to identify opportunities to improve the relationship between the PHA and the other entity.
  - Compile reports about particular incidents, events, or updates about important issue for the business.
  - Proactively solve conflicts and address issues that could occur between the business and the other entity.
  - Promptly respond to incidents and other events as necessary.  
**Administrative Employee in The Planning and Quality Department at Prince Hussein Academy of Civil Protection/Al-Balqa Applied University, January 2019-August 2020.**
  - Review, establish and implement measurable performance enhancing strategies.
  - Construct and compile key performance indicators.
  - Identifying areas of risk, best practice and the issuing of improvement action plans.
  - The maintenance of all supporting documentation and management information determine the selection and appropriate usage of automated test tools and data collection tools.
  - Create methodologies and processes for the collection and analysis of data for ensuring software, systems, and product quality.
  - Direct the analysis of formal test results in order to discover and report any defects, errors, configuration issues, and interoperability flaws.
  - Direct the analysis of documentation and technical specifications for any new application under deployment or consideration to determine its intended functionality.
  - Application performance according to specifications; revise as needed.
  - Member of the King Abdullah II Award for Excellence in Government Performance and Transparency.
  - Member of the Creativity and Innovation Team (Creative Initiative Award).

● **April/2011 - September/2011** **Civil Defense Directorate**  
**EMT-Paramedic**

- Team leader of emergency responding team.
- Gave Courses in Cardiopulmonary Resuscitation and the first aid.
- Verify that the assigned ambulance is mechanically sound and properly equipped at the start of a shift.
- Evaluate the nature and acuity of the illness or injury.
- Establish patient care priorities.
- Provide medical care and transportation for patients.
- Prepare a patient care report and take notes of the medical treatment given to them.
- Foster and maintain professional relationships with other providers, staff, and patients.

## PUBLICATIONS

### Research experience and research capability Published Research

- Rababah, J. A., Al-Hammouri, M. M., & **AlNsour, E. A.** (2021). Effectiveness of an educational program on improving healthcare providers' knowledge of acute stroke: A randomized block design study. *World Journal of Emergency Medicine*, 12(2), 93.
- Hayajneh, A. A., Rababa, M., **Al-Nusour, E. A.**, & Alsatari, E. S. (2021). Predictors of depression amongst older adults with acute coronary syndrome seeking emergency care. *International Journal of Clinical Practice*, e14203.
- Mwamba, B., Nyemba, D. C., **Al-Nsour, E. A. A.**, Bombwe, S., Yang, Y., & Ahinkorah, B. (2023). An audit review of midwifery qualifications and distribution in Zambia. *African Journal of Midwifery and Women's Health*, 17(1), 1-8.
- Maabreh, R. S., **Al-Nsour, E. A.**, Al-Zaatreh, M. Y., Alkhsealat, Y., Al-Hemedi, M., Al Rabab'a, M., & Alsatari, E. S. (2023). The Relationship between Frailty and Poverty in Older Adults: A Systematic Review. *Journal for ReAttach Therapy and Developmental Diversities*, 6(3s), 356-370.
- Alsatari, E. S., AlSheyab, N., D'Sa, J. L., Gharaibeh, H., Eid, S., **Esra'a, A.**, & Hayajneh, A. A. (2023). Effects of argan spinosa oil in the treatment of diaper dermatitis in infants and toddlers: A quasi-experimental study. *Journal of Taibah University Medical Sciences*.
- Hayajneh, A., **Al-Nusour, E.**, Tawalbeh, R., Alsatari, E. (2023). Understanding Frailty in Older Adults: Examining Attributes, Antecedents, and Consequences. *Jordan Journal of Nursing Research*, 2(3).
- In the Era of COVID-19 Pandemic: The Self-Directed Learning Readiness Level of Paramedic Students in Jordan (under review).
- The Variations in the Health Cost Based on the Traditional Obesity Parameters Among Patients with Coronary Artery Diseases Undergoing Cardiac Catheterization (under review).

### There are 3 papers which are still to be publish in coming months (under progress).

- The Self-Directed Learning Readiness Level of the Undergraduate Jordanian Medical Students during COVID-19 pandemic.
- The Knowledge, Attitude and Nursing Practice of Jordanian Baccalaureate Nursing Students towards Evidence Based Practices in Elderly Care.
- Antibiotic Resistance Early Warning and Stewardship System.

### **Research-related committees or panels**

- Participated in assessing the validation for Pre-Test Questionnaire for the study that titled "The Role of Islamic Work Ethics and Hospital Type on the Relationship Between Healthcare Providers' Job Satisfaction & Job Performance, Comparing Public & Private Emergency Departments in Amman, Jordan".
- Reviewing and examine submitted manuscript in different journals.

### **National or International conferences**

- First Jordanian International Medical Emergencies Conference IMEC Jordan, 18-20 /April, 2018.
- The Ninth Conference on Scientific Research in Jordan, November, 2019

## RESEARCH INTERESTS

### **My research interests are linked with:**

- Emergency care
- Emergency and Trauma care
- Implementation of evidence-based practice
- Improving all aspects prehospital service and practice development, and organizational change, predominantly in relation to safety and quality in acute care.
- Teaching and learning.
- Primary health care.
- Inter-professional education.

## ACHIEVEMENTS



### **Ideal Employee Award at the level of Civil Defense**

Been awarded to be the Ideal Employee Award in 2016.

### **Scholarships**



- Been awarded a Bachelor's scholarship for being the third in the Kingdom in the comprehensive exam at the Kingdom level in 2011.

- Been awarded a Master's scholarship for being the first in class and GPA 4 in 2016.

***⚡ Experience and education certificates will be available on demand***