

Curriculum Vitae

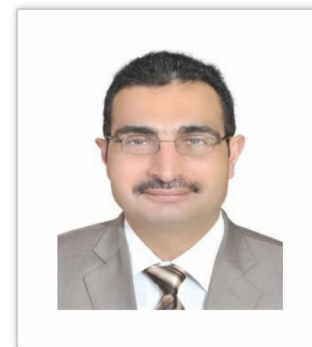
Mohammad Nazzal Ali Al-Shloul

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To Whom It May Concern

I received a BSN from Jordan University of Sciences and Technology (JUST) in 1990, then I worked in the Ministry of Education in Jordan from 1990 to 1995 as a nursing teacher, and during that time I received a Master's degree in Public Health specializing in Health Education from the same university (JUST) in 1994, then a doctorate of nursing science (DNSc) in community health nursing from Alexandria University-Egypt in 2011.

In 1995 I joined Ibra Nursing Institute in Oman as a Senior Clinical Instructor. I have been teaching all of the nursing courses in addition to support courses. Then, I joined Al-Ghad International Colleges for Applied Medical Sciences in Dammam /Kingdom Saudi Arabia as a lecturer of nursing & Head of the Nursing Department from 2010-2011. After obtaining my doctoral degree in nursing I worked again at Al-Ghad International Colleges for Applied Medical Sciences in Abha/KSA as a Vice Dean, Academic Deputy, and Assistant Professor of Community Health Nursing in the nursing department from 02/2012-01/2022. Also, I worked as an assistant professor of community health nursing in the faculty of nursing at Irbid National University from 06/03/2022 to 31/08/2022. Also, I worked as an associate professor of community health nursing and head of the nursing department in the faculty of nursing at Irbid National University from 17/10/2022 to 31/8/2023. Nowadays I am working as an associate professor at paramedic department in Al-Balqa' Applied University, Prince Al Hussein Bin Abdduallah II Academy for Civil Protection, Amman-Jordan.

Curriculum Vitae

I. Executive Summary:

The main characteristics of my work are to enlighten the community by implementing health and awareness programs. The aforementioned activities, no doubt, gave me the fruitful and dependable experience to deal with diverse walks of the community, from elderly people to school students for instance. Being Head of the nursing department, academic deputy, and vice dean as well, I was required to fully collaborate and coordinate with the outer institutions. I managed successfully to activate my educational establishment expectations to amend the undesirable health behavior amid society and enhance the desirable health manipulations. I have significant experience in all facets of communications. My public relations positions have equipped me with excellent communication, negotiation, consultation, and organizational skills. I believe my depth of experience in health education and public relations makes me well-suited for any position in nursing, public health, and health education as well.

II. Personal Information:

- ❖ **Sure name:** Al-Shloul
- ❖ **Other Names:** Mohammad Nazzal Ali
- ❖ **Nationality:** Jordanian
- ❖ **Date of Birth:** 01/01/1968
- ❖ **Place of Birth:** Jordan-Irbid-Dawqara
- ❖ **Religion:** Islam
- ❖ **Marital Status:** Married with 6 children

III. Education:

- **2008-2011:** Doctorate of Nursing Science (DNSc) with a specialty in Community Health Nursing–Alexandria University /Egypt. GPA= B+ (3.38/4)

Doctoral Thesis title: "Association between caregivers' Knowledge, attitude, and practice (KAP) with quality of life among thalassemia major patients in Jordan".

- **2006-2008:** Ph.D. student- Full time (Nursing studies) at University of Manchester-UK
- **1991-1994:** Master of Science of Public Health (M.Sc.) with a specialty in Health Education-Jordan University of Sciences & Technology/ Irbid-Jordan. The overall average is 84.6% (Very good).

Master Thesis Title: "Prevalence and Determinants of Compliance with Diabetic Regimens among NIDD Out-Patients at Princess Basma Teaching Hospital"

- **1986-1990:** Bachelor of Nursing (B.Sc.) – Jordan University of Sciences & Technology/ Irbid- Jordan. The overall average is 76.2% (Very good).
- **1986:** High Secondary School Certificate (Scientific Stream) - Hitteen Secondary School/ Irbid-Jordan. The overall average is 78.5% (Good).

IV. Teaching and Clinical Experience:

- ❖ **Associate Professor of Community Health Nursing, Head of Nursing Department**
Irbid National University-Faculty of Nursing Science/Irbid-Jordan
17/10/2022- 31/8/2023.
- ❖ **Assistant Professor of Community Health Nursing,**
Irbid National University -Faculty of Nursing /Irbid-Jordan.
06/03/2022- 31/08/2022.
- ❖ **Assistant Professor of Community Health Nursing, Vice Dean, Head of Nursing Department**
Al-Ghad International Colleges for Applied Medical Sciences /Abha-Saudi Arabia.
01/09/2013- 30/01/2022
- ❖ **Assistant Professor of Community Health Nursing**
Al-Ghad International Colleges for Applied Medical Sciences /Abha-Saudi Arabia.
20/02/2012-31/08/2013

- ❖ **Nursing Lecturer, Head of Nursing Department**
Al-Ghad International Colleges for Applied Medical Sciences/ Aldammam-
Saudi Arabia.
15/10/2010-30/08/2011
- ❖ **Senior Clinical Instructor, Vice-dean for academic affairs**
Ibra Nursing Institute/Sultanate of Oman.
08/09/1995-08/09/2006
- ❖ **Nursing Teacher**
Ministry of Education/Jordan -Taught all nursing courses (theory, lab, and
clinical).
17/11/1990- 31/08/1995

I have participated in teaching the following courses for students at Ibra Nursing Institute (INI), Al-Ghad International Colleges- Adammam/Abha - & Irbid National University (INU):

- ❖ Health Education (INU)
- ❖ Maternal-Neonatal Health Nursing (INU)
- ❖ Biostatistics (Al-Ghad & INU)
- ❖ Community Health Nursing (Theory, Lab, Clinical)- Al-Ghad & INI
- ❖ Fundamentals of Nursing (Theory, Lab, Clinical) All settings
- ❖ Medical-Surgical Nursing I (Theory, Lab, Clinical)- All settings
- ❖ Medical-Surgical Nursing II (Theory, Lab, Clinical)- All settings
- ❖ Introduction to Nursing Research/Research Methods in Nursing –All settings
- ❖ Anatomy & Physiology- INI
- ❖ Psychosocial Science- INI
- ❖ Health Information Management System-INI
- ❖ Current Issues in Nursing-Al-Ghad
- ❖ Health education and principles of learning Education- Al-Ghad
- ❖ Parasitology and Microbiology for nursing-INI
- ❖ Epidemiology–Al-Ghad
- ❖ Medical Terminology –INI
- ❖ Introduction to Nursing Sciences- Al-Ghad & INI
- ❖ Human Growth & Development- Al-Ghad
- ❖ Child Health Nursing- Al-Ghad & INI
- ❖ Nursing Informatics- Al-Ghad
- ❖ Reproductive Health Nursing- Al-Ghad
- ❖ Psychiatric/Mental Health Nursing- Al-Ghad & INI

Note: All of the Courses have been taught in English

V. Committees:

Member of Jordan Nurses and Midwives Council
Member of Faculty's Council as HoD
Chairperson of Curriculum Development Committee
Chairperson of Scientific Research Committee
Member of Quality Assurance Committee
Member of Exam Committee
Member of Equation Committee
Member of Staff Development Committee
Member of E-learning Committee
Member of Community Service Committee

VI. Conferences:

- ❖ **Present a paper in Armed Forces Hospital-Southern Region Conference,** Nurses: a force for Change (Bridging the gap between theory & practice) from 11-12/05/2016.
- ❖ **Attend Conference at King Khalid University,** Nursing in Saudi Arabia: Changes & Solutions from 11-12/03/2014

VII. Workshops:

- ❖ English course for preparation of TOEFL test – 6 credit hours at Yarmouk University from 20/07/2022- 17/09/2022.
- ❖ Teaching strategies & utilization of blackboard/dashboard in online teaching at Yarmouk university-on 20-27th Jul 2022.
- ❖ Online learning at Irbid National University on 27-28th Feb 2022.
- ❖ Construction of exams at Al-Ghad International Colleges for Applied Medical Sciences-Abha on the 7 & 15th of December, 2015.
- ❖ Quality of exam at Al-Ghad International Colleges for Applied Medical Sciences-Aldammam on 12th of December, 2015.
- ❖ Tasks & roles of Head department at Al-Ghad International Colleges for Applied Medical Sciences-Riyadh on the 8th of November, 2015.
- ❖ BLS provider on 30th May 2012 at Al-Ghad International Colleges for Applied Medical Sciences –Abha.
- ❖ E-learning workshop on the development of nursing courses and computerized tests on 11th of November, 2011 at Al-Ghad International Colleges for Applied Medical Sciences –Aldammam.
- ❖ Assessing Learners in the Clinical Environment on May 29, 2003, At Health Science Institute, Muscat.

- ❖ Regional workshop on Construction of Test for General Nursing Program on October 10, 2002.
- ❖ Community Health Nursing Course on May 24 & 25, 2001 in the Muscat Nursing Institute.
- ❖ Implementation of the nursing curriculum in Oman on June 28 & 29, 2000 at Muscat Nursing Institute.
- ❖ Computer training workshop at Ibra Technical College from 29/05-19/06/1999.
- ❖ Information Technology Course on Basics of Computing, MS Word, MS PowerPoint, Internet Explorer, Managing Files on a Network, and Basics Multimedia Lab.

VIII. Publications:

1. *Amani Masalha, Mohammad S ALBashtawy, **Mohammad N Alshloul et al.*** Assessment of at-home breakfast skipping among adolescent school students in Badia region, Jordan. *Malaysian Journal of Nutrition*. 2023;29(2): 343-354. <https://doi.org/10.31246/mjn-2022-0121>
2. *Jehan Hamadneh, Shereen Hamadneh, Mohammed ALBashtawy, Abdullah Alkhaldeh, Mahmoud Bashtawi, **Mohammad Alshloul, Ahmad Rayan, Asem Abdalrahim.*** Impact of COVID-19 on perinatal mental health among pregnant mothers infected with COVID-19, during the first wave of the epidemic in Jordan. *Heliyon*. 2022;8e12017:1-6. <https://doi.org/10.1016/j.heliyon.2022.e12017>
3. *El Khatib, Wadad; Fawaz, Mirna; **Al-Shloul, Mohammad, et al.*** Critical Care Nurses' Experiences during the Illness of Family Members: A Qualitative Study. *Sage Open Nursing*. 2022; Volume 8: 1–9 <https://doi.org/10.1177/23779608221132169>
4. *Najah Alabeiat, Sami Aloush, Malakeh.Z. Malak, Mohammad Alsadi, Ibrahim Ayasrah, Ahmad Rayan, Hani Nawafleh, **Mohammad Alshloul et al.*** Effectiveness of a Training Program on Nurses' Knowledge of Catheter-Associated Urinary Tract Infection Prevention. *NeuroQuantology*. 2022 | Volume 20(10): 0622-10634 <https://doi.org/10.14704/nq.2022.20.10.NQ551028>

5. **Mohammad N Alshloul.** Prevalence and Determinants of Pre-Nursing hypertension among Undergraduate Students of Private Health Sciences College. Journal of Hunan University Natural Sciences. 2022;49(2):13-25 <https://doi.org/10.55463/issn.1674-2974.49.2.13>
6. **Gladys Maribbay, Izzeddin A. Bdair, Meshail Alalyani, Mohammad Alshloul.** Nurses' Knowledge, Attitudes, and Barriers toward Pain Assessment and Management in Assir Region, Saudi Arabia. Journal of Holistic Nursing. 2022; <https://doi.org/10.1177/08980101221076677>
7. **Alkhaldeh, M. Al Bashtawy, O. Al Omari, K. Mohammad, A. Al-Natour, N. Al Ali, N. Abu Baker, S. Al Bashtawy, Z. Al Bashtawy, A. Musa, M. Alshloul.** Self-Medication Use and Associated Factors among University Students. Journal of Hunan University Natural Sciences, 2021; 48(12):1-7 <http://jonuns.com/index.php/journal/article/view/884>
8. **Mohammad N Alshloul.** Oral Health Knowledge, Attitude, and Practice Among School Children in Abha-Saudi Arabia. The Journal of School Nursing, [first published online: April 29, 2021]. <https://doi.org/10.1177/10598405211012981>
9. **Izzeddin A Bdair, and Mohammad N Alshloul.** Job Satisfaction among Nurses in Saudi Arabia. International Journal of Advances in Nursing Management. 2021; 9(2):204-210.) <https://doi.org/10.5958/2454-2652.2021.00046.9>
10. **Mohammad N Alshloul, Izzeddin A Bdair, and Mesheil M Alalyani.** Severity of depression, anxiety, and stress among undergraduate health science students in Abha, Saudi Arabia. Open Journal of Psychiatry & Allied Sciences. 2021;12(2):132-139 <https://doi.org/10.5958/2394-2061.2021.00029.X>
11. **Mohammad Nazzal Alshloul and Izzeddin A. Bdair.** Obesity and its Association with Dietary Habits among Students of Al-Ghad Health Colleges-Abha. World Journal of Medical Sciences 2021;18(1): 1-8. <https://doi.org/10.5829/idosi.wjms.2021.01.08>. [https://www.idosi.org/wjms/wjms18\(1\)21.htm/](https://www.idosi.org/wjms/wjms18(1)21.htm/)

12. *Izzeddin A. Bdair, and Mohammad N. Alshloul.* Knowledge, Attitudes, And Practices Toward The Coronavirus Disease (Covid-19) In South-Western Saudi Arabia. *Journal of Critical Reviews.* 2020; 7(18): 3692-3699.
<https://doi.org/10.31838/jcr.07.18.456http://www.jcreview.com/fulltext/197-1606786927.pdf?1608040237>
13. *Izzeddin A. Bdair, Mohammad N. Alshloul, and Gladys L. Maribbay.* Public Awareness Toward Coronavirus Disease-2019. *Asia Pacific Journal of Public Health- APJPH,* 2020, 1-3.
<https://doi.org/10.1177/1010539520949421https://journals.sagepub.com/doi/10.1177/1010539520949421>
14. *Mohammad Nazzal Al-Shloul, and Izzeddin Ali Abu Bdair.* Assessing Sources of Stress and Coping Strategies among Al-Ghad College Students-Abha/KSA. *International Journal of Public Health and Clinical Sciences- IJPHCS,* 2019, Vol 6 (6).
<http://publichealthmy.org/ejournal/ojs2/index.php/ijphcs/article/view/1073>
15. *Abdullah Mousa Khamaiseh and, Mohammad Nazzal Alshloul.* Diabetes Knowledge among Health Sciences Students in Saudi Arabia and Jordan. *Jordan Medical Journal,* 2019; 53(1).
<https://journals.ju.edu.jo/JMJ/article/view/101564/10137>
16. *Mohammad Nazzal. Alshloul, and Abdullah Mousa. Khamaiseh.* Hypertension among Faculty Members of Health Sciences College at South Saudi Arabia: Prevalence and Risk Factors. *International Journal of Science & Research,* 2017; Vol (1): 145-150.
<https://www.ijsr.net/archive/v6i1/ART20163944.pdf>
17. *Mohammad Alshloul, Ahmed Abdullah, and Mohammed Albashtawy.* Barriers and facilitates of research utilization from the perspectives of nurses in Asser Regional of Saudi Arabia. *International Journal of Health Research and Innovation.* 2014; 2 (1): 15-26.
http://www.scienpress.com/Upload/IJHRI/Vol%202_1_2.pdf
18. *Mohammed ALBashtawy, Mohammed Alshloul, et al.* Looking at school nurses' roles in tackling overweight & obesity. *British Journal School Nursing.* 2014; 9 (8): 17-19.
<http://www.magonlineibrary.com/doi/10.12968/bjsn.2014.9.8.402>

19. *Al-Shloul, M.N.* Guide for thalassemia. Alrozana publisher-Irbid /Jordan, 2010.

20. *Al-Shloul, M.N.* Teaching Blood Pressure Skills: Computer Assisted Interactive Learning versus Conventional Methods. Nursing Education Oman, 2006; 1(3): 22-25.

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IX. Skills and Research Experiences:

- ❖ Associate editor of the Journal of Modern Nursing Practice and Research published at <http://www.innovationforever.com/>
- ❖ A reviewer of School Psychology International journal published by Sage publication <https://journals.sagepub.com/home/spi>
- ❖ A reviewer of Clinical Nursing Research journal published from www.nursing.upenn.edu
- ❖ Ability to teach nursing, public health, and supportive courses.
- ❖ Supervised research projects conducted by junior nurses of Ibra Central Hospital /The Sultanate of Oman & undergraduates of Al-Ghad Colleges/Saudi Arabia and Irbid National University/Jordan.
- ❖ Coordinator for conducting training sessions on "First Aid" for school teachers, students, and community support groups.
- ❖ Computer Skills (ICDL) and utilizing Health Information Management System (HIMS).
- ❖ Statistical Skills for quantitative and qualitative data (using SPSS and Nvivo software programs).
- ❖ Managing references by using software programs (Reference Manager and Endnote).

X. Research Interests: Community and mental health nursing aspects as:

- Chronic diseases (Diabetes, Genetic blood diseases, Hypertension, Obesity).
- Planning, implementation, and evaluation of health education programs.
- School Health.
- Oral Health.
- Primary Health Care.
- Epidemiology and Infectious Diseases.
- Mental Health Disorders (Anxiety, Depression, Stress, and Psychological burden of illnesses).

XI. Languages: Arabic and English

XII. Address:

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