

Curriculum vitae

Mohammad Yousef Al-za'atreh, RN, MSN



Biographical information

Place of birth: Amman, Jordan
Date of birth: April 15, 1985
Marital Status: married
Nationality: Jordanian
Home address: Jordan/ Amman/ al Ashrafi

My Mobile (00962-7) 85064023 JO

E-mail: mohammadalzaatreh@yahoo.com
Malzaatreh@ut.edu.sa

Academic credentials

University of Jordan Amman, Jordan
• PhD in clinical care (critical care) nursing (2016- 2020)
• GPA 3.90 out of 4 scales (Excellent)

University of Jordan Amman, Jordan
• Master degree in clinical care (critical care) nursing 2007-2009
• GPA 3.45 out of 4 scales (very good)

University of Jordan Amman, Jordan
• Bachelor in the science of nursing 2003-2007
• GPA 3.68 out of 4 scales (excellent)
• Rank 10th out of 500 student

PROFESSIONAL EXPERIENCE:

Ministry of health

- **Title : educator \ BLS instructor 1\1\ 2020 until now**
- **Working hours:** part time
- **Responsibilities**
 - Teaching different theoretical courses such as emergency and disaster management course, critical care course, BLS course and hemodialysis course in different cities

Prince Hamzeh hospital-ICU/ continuous education department

- **Title:** Registered nurse (charge nurse)\ 1/11/2017- now
- **Working hours:** 48 a week
- **Responsibilities :**
 - Providing holistic nursing care for the adult as a whole human being.
 - Member in research and evidence based practice committee.
 - Utilizing the nursing process, and meeting the hospital standards of nursing practice and performance.

- Supporting the critically ill adult by continuous monitoring.
- Providing psychological support to patient and their families.
- Collaborating with other health team members (HTM) in order to provide highly qualified and holistic care to children.
- Utilize EHR system in providing comprehensive nursing care.

University of Jordan, faculty Nursing, Jordan

- **Title:** part-time clinical instructor (September 2016 -May 2017)
- **Number of Working Hours:** 32 hours per week
- **Responsibilities :**
 - Teaching some clinical courses like medical-surgical nursing 2.
 - Supervise and mentor student nurses in clinical courses in a variety of settings (intensive care unit (ICU), medical and surgical Ward kidney dialysis unit) in Adult health nursing 1 & 2.
 - Assess and evaluate students by conducting clinical quizzes, written, and oral exams.

University of Tabuk, faculty of applied medical sciences, TABUK, KSA

- **Title:** lecturer (4/2010 8-2016)
- **Number of Working Hours:** 40 hours per week
- **Responsibilities :**
 - Teaching some theoretical courses like fundamentals of nursing theory and clinical, medical-surgical nursing theory and clinical.
 - Chairperson of research committee.
 - Supervise and mentor student nurses in clinical courses in a variety of settings (intensive care unit (ICU), medical and surgical Ward kidney dialysis unit) in medical-surgical courses 1& 2.
 - Demonstrate basic nursing skills at bedside levels in fundamentals of nursing courses 1 & 2.
 - Assess and evaluate students by conducting clinical quizzes, written, and oral exams.
 - Member in research and evidence based practice committee.
 - Chairman of laboratory management committee.
 - Member in student advisors committee.

Tebah company for training and education, Riyadh, KSA

- **Title:** part-time lecturer (8/2012 8-2013)
- **Responsibilities :**
 - Teaching different theoretical courses which are fundamentals courses for the nursing profession and required for registered nurses. In different cities in ksa

The University of Jordan, faculty Nursing, Jordan

- **Title:** part-time clinical instructor (July 2009-February 2010)
- **Number of Working Hours:** 32 hours per week
- **Responsibilities :**
 - Teaching some clinical courses like medical surgical nursing 2.
 - Supervise and mentor student nurses in clinical courses in a variety of settings (intensive care unit (ICU), medical and surgical Ward kidney dialysis unit) in medical-surgical courses 2.

- Assess and evaluate students by conducting clinical quizzes, written, and oral exams.

ALESSRA hospital \ kidney dialysis unit

- **Title:** Registered nurse (charge nurse) 1/5/2007- 7/3/2010
- **Working hours:** 48 a week
- **Responsibilities :**
 - Providing holistic nursing care for the adult as a whole human being.
 - Utilizing the nursing process, and meeting the hospital standards of nursing practice and performance.
 - Supporting the critically ill adult by continuous monitoring.
 - Providing psychological support to the patient and their families.
 - Collaborating with other health team members (HTM) in order to provide highly qualified and holistic care to children.
 - Giving many lectures about age-specific training, medication preparation, and administration during hospital orientation program for a new employee.

CONTINUING EDUCATION COURSES AND WORKSHOPS.

1. **“COVID-19: High-Risk Groups and Special Populations”** an online webinar from medscape obtained at 1-5-2020.
2. **“Management of ICU patients with COVID-19”** online course obtained at 31-4-2020.
3. **“COVID-19- What We Know About Transmission and Surface Survival”** online course obtained at 4-4-2020.
4. **“Basic Life Support” (BLS) an update due to COVID-19:** according to the American heart association protocols, Prince Hamza Hospital obtained on 18-4- 2020.
5. **“Basic Life Support” (BLS) Provider Certificate:** according to the American heart association protocols, Prince Hamza Hospital obtained on 18-01- 2020.
6. **Advanced wound management program,** a series of 8 lectures provided by Qewar drug stores” Prince Hamza Hospital, 6-12 May 2019.
7. **Pressure Ulcer Prevention Course,** Prince Hamza Hospital obtained on 17-1- 2019.
8. **Basic Life Support” (BLS) Certificate:** according to the American heart association protocols, Prince Hamza Hospital obtained on 17-4- 2018.
9. **Advanced Life Support” (ACLS) Certificate:** according to the American heart association protocols, Prince Hamza Hospital obtained on 17-4- 2018
10. Health policy form” investing in the nursing workforce” Grand Hayat hotel 17-April, 2018.

11. **Workshop** ‘ nurses roles in policy-making’, University of Jordan, April, 2017
12. **Workshop** “ Access ELM data base” University of Jordan, December, 2016
13. **Professional writing workshop**, University of Jordan, December, 2015
14. **SPSS training course**, university of Tabuk JAN 2015.
15. Conference “**Developing Research Skills through Electronic Data Base**”
university of Tabuk on 2-2- 2015.
16. Conference “**Developing Research Culture Through Unified Action**” university of Tabuk on 19-3- 2015.
17. **ECG course**, NWAf hospital –Tabuk 4 credit hours obtained on 2-1-2013.
18. **Workshop (testing and evaluation –toward improving instruction –Sahara hotel**
20-2-2012.
19. **Workshop (curriculum planning and development –toward accreditation of**
nursing program –Sahara hotel 18-2-2012.
20. **Workshop (Theoretical Framework on How to Support Learning, Test**
Construction, Understanding Item Analysis, Techniques for Focusing on Clinical
Application of Content, Creative Use of Simulation, Promoting Critical Thinking
and Use of Student Response Technology- Tabuk university, nursing department –
24-4-2012.
21. **Seminar (Simulation-based learning) testing for new nursing simulator (Meti**
man) Tabuk university department of nursing –male campus 14-5-2012.
22. **Workshop (access British medical Journal BMJ)** Sahara hotel 2-5-2012
23. **Workshop (access medicine, Wiley and Cambridge data base)** Sahara hotel 23-
24-4-2012.
24. **Symposium (psychiatric disorder in pediatric)**king Khalid training center 10 credit
hours 14-11-2012
25. **Workshop (Creating culture of excellence)** tabuk university 20-11-2012
26. **Workshop titled with how to publish in international journal 15\5\2010**
27. **Workshop about strategic plan for Tabuk University 20\6\ 2010.**
28. **Scientific day entitled (dissemination of nursing research finding : a call for**
better utilization) University of Jordan faculty of nursing 7-4-2009
29. **“Basic Life Support” (BLS) Certificate:** according to the American heart
association protocols, obtained on 17-4- 2008.
30. **“Electrocardiography (analysis and interpretation) & CPR” Certificate** from
allessra hospital Obtained on 6/2-17/2/2008as 25 hours.

31. “**Advance Wound Management**” certificate from Johnson & Johnson Company and ALESSRA hospital, Obtained on 30-6 2008.

HONORS AND AWARDS

1. Second Rank in Jordanian competency national exam (68\100)
2. Nursing College Honors list award, University of Jordan, Amman, Jordan 2007.
3. Outstanding clinical instructor \tabuk university 2013

Publication

- 1- Mari, M., Alloubani, A., **Alzaatreh, M.**, Abunab, H., Almatari, M., & Gonzales, A. (2015) Job Satisfaction and Chronic Disease among Critical Care Nurses in a Governmental Hospital in Saudi Arabia, *European Journal of Scientific Research*, 137(4):337-345.
- 2- Gonzales, A., **Alzaatreh, M.**, Mari, M, Saleh, A., & Alloubani, A. (2017). Beliefs and Behavior of Saudi Women in the University of Tabuk Toward Breast Self Examination Practice. *Asian Pacific Journal of Cancer Prevention*, 19 (1), 121-126.
- 3- Gonzales, A., Alloubani, A., Mari, M., Saleh, A., & **Alzaatreh, M.** (2018). Cardiovascular disease risk factors : hypertension, diabetes mellitus, and obesity among tabuk citizen in Saudi Arabia. *The Open Cardiovascular medicine Journal*. 12, 3-00
- 4- Ahmad, M; Al-Ananbeh, E; Khrais, H; Atoum, M; Al-Rimawi, R; Alsadi, M; **Alzaatreh, M.** (Accepted, 23, 4, 2018). The Status of Statistical Assumptions in Published Nursing Research. Testing, Psychometrics, Methodology in Applied Psychology (TPM).
- 5- **Alzaatreh, M** & Abdulrahim, M. (2020). Management strategies for pain associated with arteriovenous fistula cannulation: A literature review. *Hemodialysis International*, 24,3–11

Research Under Review

1. Reduction of Nosocomial infection through compliance to hand hygiene in critica care units in tabuk city.
2. Incorporating Transcultural Care in Nursing Curriculum: literature review.
3. Integration of Evidence Based Practice and guidelines: do we need a policy? A policy issue brief.

Research in progress

1. Change in hygienic practice due to COVID-19 pandemic among Jordanian people.
2. Risk Assessment and Management of Health Care Workers Exposed To Patient with COVID-19 at Prince Hamza Hospital

Languages

- 1) Arabic: mother language.
- 2) English: fluent in writing, reading and speaking.
- 3) TOFEL ITP : 530 (2009)
- 4) TOFEL IBT :82 (2014)
- 5) National English exam: 85 (2015)

LICENSURE

Jordan Nurses and Midwives Council: Registered Nurse, RN-11457 (2/2007 - present).

References:

Alaa Alloubani

- Assistant professor,
- Researcher and Evidenced based practice supervisor
- AA.12567@KHCC.JO

Haitham Yousef alzaatreh

- Project manager.
- Apps staff company.
- 00962787708529
- Haitham_alz@yahoo.com